

UNDERSTANDING THE INVITATION TO CHANGE APPROACH: Evidence, Tools and Skills for Helping Families



Jeffrey Foote, Ph.D.

THURSDAY, NOV. 19, 2020
11 a.m. to 12 p.m. CDT

Virtual Zoom Seminar

Advanced registration required
[Click to Register](#) or visit NCWRecovery.org

GUEST SPEAKER

Jeffrey Foote, Ph.D., is Co-founder and Executive Director of the Center for Motivation and Change (CMC). He is a nationally-recognized clinical research scientist known for his work on motivational treatment approaches that include principles of group treatment as well as research-based principles of human behavior change. Previously, Foote was the Deputy Director of the Division of Alcohol Treatment and Research at Mt. Sinai Medical Center in NYC, as well as a Senior Research Associate at The National Center on Addiction and Substance Abuse at Columbia University (CASA) in NYC. Foote also served as Chief at the Smithers Addiction Treatment and Research Center as well as Director of Evaluation and Research between 1994 and 2001.

DESCRIPTION

This course is designed for medical professionals, faculty and students interested in learning how best to help families who may have loved ones suffering from addictive behaviors.

Dr. Foote's positive psychology approach is an appropriate tool during a season of thanksgiving in the midst of challenging times.

Participants can expect to learn how to help families with new approach methods as well as more effective and compassionate communication tools.