# FOUNDATIONS IN ADDICTION MEDICINE

Virtual CME Conference Available September 16 - 30, 2021 osu-cme.com

#### **CME CREDIT ATTESTATION**

#### How do participants receive CME credit?

- 1. Watch all presentations provided on course.
- 2. Complete your attestation provided on course.
- 3. Your credit letter, including your AOA, AAFP, and Proper Prescribing credits, will be available on your transcript by October 8, 2021 for those who attest by October 6, 2021.

#### To earn your Proper Prescribing credit:

Join the Proper Prescribing Live Webinar September 17 from 1:15 - 3:15 p.m. Presented by Jason Beaman, D.O.

NOTE: Oklahoma physicians must self-report their CME hours and Proper Prescribing attendance online to the Oklahoma State Board of Osteopathic Examiners: https://www.ok.gov/osboe/

#### **RELEVANT DISCLOSURES**

No content controllers have any relevant relationships, except the following individual:

Speaker: Sara Coffey, D.O.

Company: Telligen Community Initiative Nature of Relationship: Grant Funder

Resolution: Speaker will refrain from making recommendations

regarding products or services.

#### **QUESTIONS TO SPEAKERS**

You may ask questions to any of our speakers regarding their presentations by using the "Questions" link found between the syllabus and the course materials. Any questions will be answered within one week.

#### PLANNING COMMITTEE

**Jason Beaman, D.O., M.S., MPH, FAPA**Psychiatry and Behavioral Sciences
AAFP Member

#### Kelly Dunn, M.D.

Psychiatry and Behavioral Sciences

#### Lowell Robertson, M.D.

Psychiatry and Behavioral Sciences

#### W. Stephen Eddy, D.O., MPH

Family Medicine

Continuing Medical Education Director

#### Ashley Groom, M.S.

Continuing Medical Education Manager





OSU Center for Health Sciences

## **TOPICS AND SPEAKERS**

#### **■ PAIN AND ADDICTION**

#### Tiffany Bartel, D.O.

Dr. Bartel graduated medical school from OSU Center for Health Sciences. She completed her psychiatry residency at OSU. She is currently completing her fellowship in Addiction Medicine at the National Center for Wellness and Recovery.

#### **■ EPIDEMIOLOGY OF ADDICTION**

### ■ PROPER PRESCRIBING - OPIOIDS AND TREATMENT

#### Jason Beaman, D.O., M.S., MPH, FAPA

Dr. Beaman graduated medical school from OSU Center for Health Sciences. He then completed two simultaneous residencies in psychiatry and family medicine. After residency, Dr. Beaman completed a fellowship in Forensic Psychiatry at Case Western Reserve University in Cleveland, Ohio. He holds board certifications in Family Medicine, Psychiatry, Forensic Psychiatry, and Addiction Medicine. After Fellowship, Dr. Beaman completed a Master's Degree in Pharmacology with an emphasis in Forensics at the University of Florida. He also obtained a Master's in Public Health from Johns Hopkins University. Dr. Beaman currently serves as the Chair of Psychiatry and Behavioral Sciences at OSU Center for Health Sciences.

#### **■ MEDICAL CO-MORBIDITIES**

#### Krystina Beaman, M.D.

Dr. Beaman completed her medical degree from the University of Oklahoma, School of Community Medicine in 2013. After graduation she completed her residency in Internal Medicine at the University of Arkansas for Medical Sciences. She currently practices at Claremore Indian Hospitals where she was recognized with the Innovation and Impact Award in 2019. She also serves as the Medical Staff Vice President and Critical Care Committee at the Claremore Indian Hospital.

#### **■ STIMULANTS**

#### Stephen Brasseux, M.D.

Dr. Brasseux is board certified in psychiatry. He completed medical school at Louisiana State University School of Medicine in New Orleans. He completed residency at the Medical University of South Carolina.

#### **■ SUBSTANCE USE IN ADOLESCENTS**

#### Sara Coffey, D.O.

Dr. Coffey is an assistant clinical professor of psychiatry and behavioral sciences at OSU Center for Health Sciences. Dr. Coffey completed her adult psychiatry residency at the University of Chicago and her child and adolescent psychiatry fellowship at Harvard Medical School's Cambridge Health Alliance. During her adult psychiatry training, Dr. Coffey served as the chair of the Public Health Committee for the American Medical Association's Resident's Committee. She served as a public psychiatry fellow for the American Psychiatric Association during her psychiatry training. Dr. Coffey is currently contracted with the Department of Mental Health to provide technical assistance in the implementation of Oklahoma Health Homes. She serves as a consultant for the Department of Human Services Child Welfare and is a co-lead on OSU Center for Health Sciences Pediatric Behavioral and Emotional Health Project ECHO. Additionally, Dr. Coffey serves as the Behavioral Health Medical Director for the Oklahoma State University Health Access Network.

#### **■ ADDICTION AND PREGNANCY**

#### **■ CANNABIS: JUST THE FACTS**

#### **■ ALCOHOL AND TREATMENT**

#### Kelly Dunn, M.D.

Dr. Dunn currently serves as clinical assistant professor of psychiatry and behavioral sciences at OSU Center for Health Sciences. She received her medical degree from the University of Oklahoma College of Medicine and completed her psychiatry residency at OU-Tulsa. Dr. Dunn is board certified in addiction medicine and psychiatry. She enjoys seeing generations positively impacted by holistic, evidence-based addiction treatment providing not only medication-assisted treatment for addiction, but also treatment for problems that lead to addiction at the NCWR Addiction Recovery Clinic. She is passionate about physician and trainee well-being, working to help teach and care for residents and students at OSU Center for Health Sciences so they can have fulfilling, resilient lifelong careers.

#### ■ NEUROBIOLOGY OF ADDICTION

#### Alicia Ford, Ph.D.

Dr. Ford completed her doctorate in counseling psychology at the University of Kansas, with psychology residency at the Ann Arbor VA. She then completed a postdoctoral fellowship in clinical neuropsychology at the University of Michigan Health System. Dr. Ford's clinical and research interests include the assessment and treatment of cognitive effects of medical and psychiatric disorders. Dr. Ford is a clinical assistant professor of psychiatry and behavioral sciences and the director of the OSU Center for Health Sciences Psychiatry Clerkship Program.

## **TOPICS AND SPEAKERS**

#### **ETHICS AND THE LAW**

#### Jen Hale, Ph.D.

Dr. Jennifer Hale is a Clinical Assistant Professor of Psychiatry and Behavioral Sciences at OSU Center for Health Sciences. She earned her bachelors in Psychology from Oklahoma State University in 2010. She graduated from her doctoral program in Clinical Psychology from Sam Houston State University in 2016. Her pre-doctoral internship was in North Carolina at Central Regional Hospital on the Forensic Tract and she completed her post-doctoral residency at Florida State Hospital. Following her post-doctoral residency, Dr. Hale worked at Florida State Hospital in the Forensic Admissions Unit as a staff psychologist for patients adjudged incompetent to stand trial and not guilty by reason of insanity (NGRI). Dr. Hale started work at the Oklahoma Forensic Center in 2019, primarily completing competency to stand trial evaluations and testifying as needed. Her research interests include forensic assessment, malingering, and multicultural issues.

#### **■ TOBACCO**

#### **■ PSYCHOSOCIAL TREATMENT OF ADDICTION**

#### Samuel Martin, M.D.

Dr. Martin is a Clinical Assistant Professor of Psychiatry and Behavioral Sciences at OSU Center for Health Sciences. He completed his medical training and general psychiatry residency at the University of Oklahoma. He is board certified in psychiatry and addiction medicine. He cares for individuals with addictive disorders and co-morbid psychiatric disorders. He provides education on multiple addiction topics including pharmacology of addictive substances, screening for addictive illnesses, pharmacologic treatment of addictive disorders, and psychotherapeutic treatment of addictive disorders. He is the program director of the Addiction Medicine Fellowship at OSU Center for Health Sciences and leads the OSU Addiction Medicine Project ECHO program. He has provided addiction and psychiatric care to adults receiving detoxification and residential treatment services at 12 & 12 since 2011.

#### **■ PSYCHIATRIC CO-MORBIDITIES**

#### Aaron Pierce, D.O.

Dr. Pierce graduated medical school from the OSU Center for Health Sciences and went on to complete psychiatric residency training with University of Oklahoma in Tulsa and completed a visiting fellowship in electroconvulsive therapy at Duke University. He is board certified in psychiatry and currently serves as a consulting psychiatrist and performs electroconvulsive therapy at OSU Medical Center and is a faculty member of the OSU department of psychiatry.

#### ■ BENZODIAZEPINES AND OTHER SEDATIVES

#### **■ OTHER CLASSES OF DRUGS**

#### Lowell Robertson, M.D.

Dr. Robertson graduated from Oklahoma State University in Agricultural Economics/Finance/Pre-Medical Sciences and went to medical school at the University of Oklahoma Health Sciences Center in Oklahoma City. He completed his internal medicine residency training at the University of Oklahoma Tulsa Medical College in Tulsa, Oklahoma and worked for Warren Clinic as an Internist. More recently, Dr. Robertson has completed requirements for a doctoral level teaching certificate at the University of Central Oklahoma through the department of Professional Teacher Education, in Secondary Education. During this time, Dr. Robertson was actively involved in many research endeavors as principle, organizer, and facilitator. Dr. Robertson trains other leaders in the community and serves as Oklahoma's Opiate Education Trainer for Celebrate Recovery and is a State Representative in that organization. He serves on the Project ECHO team and is Oklahoma State University's first Addiction Medicine Fellow.

#### **■ MOTIVATIONAL INTERVIEWING**

#### Vivian Stevens, Ph.D.

Dr. Stevens is a professor of psychiatry and behavioral sciences at the OSU Center for Health Sciences. She received her doctorate in clinical psychology from the Chicago Medical School/University of Health Sciences and completed her internship at the University of Mississippi Medical Center/Veteran Affairs Medical Center Consortium in Jackson, Mississippi. She teaches in the undergraduate medical curriculum and in the Psychiatry Residency and Family Medicine Residency Programs. After serving in an administrative capacity for ten years, Dr. Stevens transitioned back to a full-time faculty appointment in 2017. She currently focuses her interests in the areas of student/physician wellness, positive psychology, behavioral medicine, and physician-patient communication skills.

#### **■ PREVENTION OF SUBSTANCE USE DISORDERS**

#### Rachel Wirginis, D.O.

Dr. Wirginis graduated medical school from OSU Center for Health Sciences. She completed her residency in family medicine at Saint Anthony's hospital in Oklahoma City. She has also obtained a masters of business administration from the Oklahoma State University Watson Graduate School of Management. She is currently completing her fellowship in addiction medicine at the National Center for Wellness and Recovery.

## **SAVE THE DATE**

#### **PRIMARY CARE UPDATE**

IN PERSON
November 5-7, 2021
OSU-CHS Tulsa, OK
20 AOA Category 1-A credits anticipated
20 AAFP Prescribed credits anticipated

VIRTUAL
November 16-30, 2021
osu-cme.com | Work at your own pace!
20 AOA Category 1-A credits anticipated
20 AAFP Prescribed credits anticipated

Check in periodically with OSU-CME.com and/or watch for emails on updates for additional conferences being added to the schedule!

## **ONLINE CME**

Get immediate access to 1-B and AAFP prescribed credits

#### Courses accessible 24 hours a day

AOA Category 1-B accredited and AAFP prescribed credit CME credit can be earned in the comfort of your own home or office by viewing/listening to online programs. The online CME program is a convenient way of meeting CME requirements.

Over 100 hours available | 40 different specialties covered

#### How the program works:

- 1. Log in to osu-cme.com
- 2. Browse online course catalog.
- 3. Purchase online courses.
- 4. Get immediate access to the course.

## **ACCREDITATION INFORMATION**

#### **CONFERENCE OBJECTIVE**

The objective of the Foundations in Addiction Medicine conference is to provide an in-depth overview of the field of addiction medicine. It is designed to be a "crash course" for those interested in learning more about addiction medicine or a review course for those wanting to sit for the addiction medicine exam.

#### **AOA**

The OSU-COM Continuing Medical Education office is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians.

The OSU-COM CME office designates this program for a maximum of 19.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

#### **AAFP**

The AAFP has reviewed 2021 Virtual Foundations in Addiction Medicine and deemed it acceptable for up to 19.50 Enduring Materials, Self-Study AAFP Prescribed credit. Term of Approval is from 09/16/2021 to 09/15/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **AMA/AAFP EQUIVALENCY**

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credits toward the AMA Physicians Recognition Award. When applying for the AMA PRA, prescribed credit earned must be reported as Prescribed, not as Category 1.

#### **OSU DISCLOSURES**

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

#### PROGRAM ATTENDEE NOTICE

For grievances regarding any problems that you may have with facilities, program content, etc., please contact Jason Beaman, D.O., M.S., MPH, FAPA at Jason.beaman@okstate.edu. For concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, M.S., Manager, Continuing Medical Education at osu.cme@okstate.edu. For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

American Osteopathic Association Council on Continuing Medical Education 142 E. Ontario St., Chicago, IL 60611

(800) 621-1773



