## STANDING POLNODLES

## **OBJECT OF THE GAME:**

Keep all of the pool noodles standing for as long as possible!



## WHAT YOU'LL NEED:

- 1 pool noodle per player
- At least 2 players



## **INSTRUCTIONS:**

**Setup:** Give each player a pool noodle. Have all players stand in a circle.

Playing the Game: On "go" players will let go of their pool noodles and move in a clockwise direction to the next noodle. The goal is to keep all of the noodles standing for as long as possible!

**Tip:** For more advanced players, try challenging them to take a step back every couple of rounds!

