# Northeastern Health System H-"CAHP" ing Off the Discharge

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#### INTRODUCTION

Recently discharged patients receive the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) survey requesting information about the patient's hospital experience. Survey components include the patient's perception of communication from physicians and nurses generally and concerning medications, hospital cleanliness and quietness, overall rating of the hospital, and if the hospital would be recommended to others. The HCAHPS collects and reports data using standardized questions patients feel are important enabling them to compare each hospital on a local, statewide, or national level. HCAHPS surveys are directly proportional to Medicare reimbursement rates- incentivizing hospitals to improve quality of care. Additional to financial implications, a study reported in Circulation: Cardiovascular Quality and Outcomes concluded that "higher patient satisfaction is associated with improved [hospital] guideline adherence and lower inpatient mortality rates- suggesting that patients are good discriminators of the type of care they receive." <sup>3</sup> Northeastern Health System (NHS), aims to improve the current medication communication score of 52.47% (national average of  $65\%^2$ ).

#### **AIM STATEMENT**

Achieve NHS HCAHPS medication communication score of 75% in one year.

#### **PROJECT DESIGN**

1. HCAHPS questionaire was reviewed and identified question 25 ("When I left the hospital, I clearly understood the purpose of each of my medications.") as an area for improvement.

2. "Nursing to review ALL discharge medications WITH patient" was added to the default discharge order set.

3. Create PowerPoint presentation educating each physician on the importance of HCAHPS and encouraging the use of specific language when reviewing medications with patients at discharge.

#### **RESULTS AND NEXT STEPS**

1. Reevaluate HCAPS score quarterly for the next year.

2. If the medication communication scores improve by 5% per quarter, steps will be taken to target other questions in the same category.

3. If the scores do not improve by 5% per quarter, consider post-discharge patient contact to review medications.





#### REFERENCES

1. "Home - Centers for Medicare; Medicaid Services." CMS, CMS, www.cms.gov/.

2. Prochnow, Jenny A, et al. "Improving Patient and Caregiver New Medication Education Using an Innovative Teach-Back Toolkit." Journal of Nursing Care Quality, vol. 34, no. 2, 14 May 2018, pp. 101–106., doi:10.1097/NCQ.0000000000000342.

3. Patient Satisfaction: History, Myths, and Misperceptions. Virtual Mentor. 2013;15(11):982-987. doi: 10.1001/virtualmentor.2013.15.11.mhst1-1311.

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YOUR CARE FROM DOCTORS		YOU	YOUR EXPERIENCES IN THIS HOSPITAL	
5.	During this hospital stay, how often did doctors treat you with courtesy and respect? 1 Never 2 Sometimes 3 Usually 4 Always During this hospital stay, how		During this hospital stay, did you need help from nurses or other hospital staff in getting to the bathroom or in using a bedpan? <sup>1</sup> Yes <sup>2</sup> No → If No, Go to Question 12 How often did you get help in getting to the bathroom or in	
0.	often did doctors <u>listen carefully</u> <u>to you</u> ? <sup>1</sup> Never <sup>2</sup> Sometimes <sup>3</sup> Usually <sup>4</sup> Always		using a bedpan as soon as you wanted? <sup>1</sup> Never <sup>2</sup> Sometimes <sup>3</sup> Usually <sup>4</sup> Always	
7. 8.	During this hospital stay, how often did doctors <u>explain things</u> in a way you could understand? 1 Never 2 Sometimes 3 Usually 4 Always THE HOSPITAL ENVIRONMENT During this hospital stay, how often were your room and		During this hospital stay, did you need medicine for pain? <sup>1</sup> □ Yes <sup>2</sup> □ No → If No, Go to Question 15 During this hospital stay, how often was your pain well controlled? <sup>1</sup> □ Never <sup>2</sup> □ Sometimes <sup>3</sup> □ Usually	
9.	bathroom kept clean? <sup>1</sup> Never <sup>2</sup> Sometimes <sup>3</sup> Usually <sup>4</sup> Always During this hospital stay, how often was the area around your room quiet at night? <sup>1</sup> Never	14.	<ul> <li><sup>4</sup> Always</li> <li>During this hospital stay, how often did the hospital staff do everything they could to help you with your pain?</li> <li><sup>1</sup> Never</li> <li><sup>2</sup> Sometimes</li> <li><sup>3</sup> Usually</li> <li><sup>4</sup> Always</li> </ul>	
	<sup>2</sup> Sometimes <sup>3</sup> Usually <sup>4</sup> Always			