

FRISBEE DODGEBALL

OBJECT OF THE GAME:

Play until one team is completely sidelined!



WHAT YOU'LL NEED:

- At least 1 frisbee per player (foam frisbees preferred)
- Teams of at least 2 players each



INSTRUCTIONS:

Setup: Place frisbees in a line at the middle of your play area. Line each team up on opposite sides.

Playing the Game: On "go," players will rush to the middle to grab frisbees. If you're hit, you are sidelined. If you catch a frisbee, you free a sidelined teammate. Play until one team is completely sidelined.

