

# HULA HOOP HOP

## OBJECT OF THE GAME:

Hop across the hula hoop trail!



## WHAT YOU'LL NEED:

- At least 4 hula hoops
- A large playing area



## INSTRUCTIONS:

**Setup:** Create a trail by placing hula hoops on the ground. Set the hoops an appropriate distance apart based on your players' abilities to hop from hoop to hoop.

**Playing the Game:** Players will hop from hula hoop to hula hoop, trying to make it across the trail. If a player steps out of the hula hoops at any time, they must start again from the beginning. As players complete the course, space the hula hoops farther apart for a greater challenge!

