Medical Errors What to Avoid



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Disclosures

I have no disclosures

Objectives

Understand the importance of the IOM report
Identify the major areas for medication error
Identify major "error-prone" abbreviations
Understand "Just Culture"
Identify the primary root cause of sentinel events

Estimated Deaths Due to Medical Error

120,000 deaths from medical error

Accidental Deaths in the U.S.

An estimated one million people are injured by errors during hospital treatment each year and 120,000 people die as a result of those injuries, according to a study led by Lucian Leape of the Harvard School of Public Health. Here's how that number compares with other causes of accidental death in the United States*.

"SOURCE (for accidential deaths shown in blue): National Safety Council, Data are for 1996. KEVIN BURKETT / Inquirer Staff Artist



Source – The Philadelphia Inquirer

How Hazardous Is Health Care?

(Modified from Leape)

	Dangerous	Regulated	Ultra-Safe
	(>1/1000)		(<1/100K)
100000 7	HealthCare		
10000 -		Driving	
1000 -			Scheduled
100 -			Airlines
10 -	Mountain Climbing Bungee Jumping	Chemical Manufacturing Chartered Flights	European Railroads Nuclear Power
1 +)0 10000 100	000 1000000 10000000

Numbers of encounter for each fatality

Total lives lost per year

Boeing 747

- 450 would have to crash every year to equal medical deaths
- That's more than ONE A DAY!



Medical Care...Then and Now



Definitions

Error

 Failure of a planned action to be completed as intended (i.e., error of execution) or the use of a wrong plan to achieve an aim (i.e. error of planning)

Adverse Event (AE)

 An injury caused by medical management rather than the underlying condition of the patient

Preventable Adverse Event

An adverse event attributable to an error

To Err is Human

■ IOM releases report *To Err is Human* (2000)

- Estimates <u>44,000 to 98,000</u> unnecessary deaths each year due to medical error
- Estimated 1,000,000 excess injuries due to medical error
- Numbers based on the MPS and extrapolated to the general population



Why is medicine so susceptible?

- Lack of awareness to the problem
- "Culture of Silence"
 - Blame and shame mentality
- System constraints
 - Staffing problems
 - Fatigue

LAUGHTER IS THE BEST MEDICINE

- Knowledge requirements
- Communication and continuity of care

The Medication Use System

High-Level Portrayal of a Medication Use System



Joint Commission. 1998

The "Swiss Cheese Model" of Major Accidents & Errors



James Reason, Human Error

Major Areas for Medication Error



Medication Errors Reporting Program US

Prescribing Errors

Contributing factors:

- Illegible handwriting
- Inaccurate medication history taking
- Confusion with the drug name
- Inappropriate use of decimal points
- Use of abbreviations
- Use of verbal order



Prescribing Errors..... Examples Name That Drug...

mutr 10,190-52

Lipitor 10mg PO QD

Filled Rx: Zyrtec 10mg

Prescribing Errors..... Examples Name That Drug...

6 units of regular insulin now

Filled Rx: 60 units

Prescribing Errors..... Examples

Name That Drug...

Tegretol 300mg BID

Filled Rx: Tegretol 1300mg

Prescribing Errors..... Examples Name That Drug...

Cardura 2mg PO HS & Avandia 4mg PO QAM

Filled Rx: Coumadin 2mg PO HS & Coumadin 4mg PO QAM Patient received 6mg of Coumadin PLUS no treatment for hypertension & diabetes

Dispensing Errors

- It is an error that occurs at any stage during the dispensing process from the receipt of a prescription in the pharmacy through to the supply of a dispensed product to the patient
- Studies have estimated that dispensing errors occur at a rate of 1-24%
- These errors include the selection of the wrong strength/product. This occurs primarily when ≥ 2 drugs have a similar appearance or similar name <u>(look-a-like/sound-a-like</u> <u>errors)</u>

Dispensing Errors....Examples



Dispensing Errors.....Examples



Dispensing Errors.....Examples





Institute for Safe Medication Practices

ISMP's List of *Confused Drug Names*

his list of confused drug names, which includes look-alike and sound-alike name pairs, consists of those name pairs that have been published in the ISMP Medication Safety Alert!® and the ISMP Medication Safety Alert!* Community/Ambulatory Care Edition. Events involving these medications were reported to ISMP through the ISMP National Medication Errors Reporting Program (ISMP MERP).

We hope you will use this list to determine which medications require special safeguards to reduce the risk of errors. This may include strategies such as: using both the brand and generic names; including the purpose of the medication on prescriptions; configuring computer selection screens to prevent look-alike names from appearing consecutively; and changing the appearance of look-alike product names.

Updated through June 2011

	Drug Name	Confused Drug Name		Drug Name	Confused Drug Name
	Abelcet	amphotericin B		am LODIP ine	aMILoride
	Accupril	Aciphex		amphotericin B	Abelcet
	acetaZOLAMIDE	acetoHEXAMIDE		amphotericin B	Ambisome
	acetic acid for irrigation	glacial acetic acid		Anacin	Anacin-3
	acetoHEXAMIDE	acetaZOLAMIDE		Anacin-3	Anacin
	Aciphex	Accupril		antacid	Atacand
	Aciphex	Aricept		Antivert	Axert
	Activase	Cathflo Activase		Anzemet	Avandamet
	Activase	TNKase		Apresoline	Priscoline
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Look Alike/Sound Alike Names

Serzone (nefazodone) vs. Seroquel (quetiapine) (antidepressant) (antipsychotic)

- Similar overlapping strengths (100 mg and 200 mg)
- Similar dosage forms (tablets)
- Similar dosing interval (BID)
- Similar titration schedule
- Often stocked in close proximity on pharmacy shelf

Prescribing and dispensing errors have led to a number of adverse events (N/V, hallucinations, AMS, lethargy, seizures, death)

Administration Errors

Defined as a discrepancy between the drug therapy received by the patient & the drug therapy intended by the prescriber

 Drug administration is associated with one of the highest risk areas in nursing practice

Administration Errors

Contributing factors:

 Failure to check the patient's identity prior to administration

Storage of similar preparations in similar areas

Noise, interruptions while undertaking a drug round, & poor lighting

Administration Errors...Examples A patient had an epidural line for pain management & a peripheral IV line containing insulin

- The nurse caring for the patient was busy & asked a second nurse to retrieve the next scheduled epidural infusion bag
- The second nurse delivered a new bag of insulin to the patient's bedside

Without checking the label, the primary nurse hung the insulin infusion to the epidural line



10 People Hospitalized After They Were Accidentally Injected With Insulin Instead of Flu Vaccine



(BARTLESVILLE, Okla.) — Ten people at an Oklahoma care facility for people with intellectual disabilities were hospitalized after they were apparently accidentally injected with what's believed to be insulin rather than flu shots, authorities said.

Emergency responders were called Wednesday afternoon to the Jacquelyn

How Can We Identify The Risk?

- High alert medication
- Error prone notations
- Look-a-like & sound-a-like medications

"Top 10 High Alert" Medications Involved in Drug Errors

Agent	% of Drug Errors Associated with Acute Hospital Care
Insulin	4% of all medication errors in 2005
Morphine	2.3%
Potassium Chloride	2.2%
Albuterol	1.8%
Heparin	1.7%

United States Pharmacopeia.2007

"Top 10 High Alert" Medications Involved in Drug Errors

Agent	% of Drug Errors Associated with Acute Hospital Care
Vancomycin	1.6%
Cefazolin	1.6%
Acetaminophen	1.6%
Warfarin	1.4%
Furosemide	1.4%

United States Pharmacopeia.2007

Strategies To Reduce Risk From High-Alert Medications

- Limit the access to these medications
- Standardizing the ordering/preparation & administration
- Independent double check at dispensing & administrating phase

Implement "Do Not Use" Abbreviation List

ISMP & FDA recommend that ISMP's list of error-prone abbreviations be considered whenever medical information is communicated

Complete list is located at:

www.ismp.org/Tools/errorproneabbreviations.pdf

ISMP= Institute for Safe Medication Practices, FDA= Food and Drug Administration

List of dangerous abbreviations, acronyms, and symbols JCAHO MINIMUM REQUIRED LIST

Abbreviation	Potential Problem	Preferred Term	
U (unit)	Mistaken as zero, four, or cc	Write "unit"	
IU (international unit)	Mistaken as IV or 10	Write "international unit"	
Q.D., Q.O.D.	Mistaken for each other. Period after Q and O after Q can be mistaken for "I"	Write "daily" and "every other day"	
Trailing zero and lack of leading zero	Decimal point missed	Never write a zero by itself after a decimal point, and always use a zero before a decimal point	
MS, MSO4, MgSO4	Confused for one another	Write "morphine sulfate" or "magnesium sulfate"	

List of additional dangerous abbreviations, acronyms, and symbols

ABBREVIATON	POTENTIAL PROMBLEM	PREFERRED TERM	
μg (microgram)	Mistaken for mg (milligram)	Write "mcg"	
H.S. (at bedtime or half – strength)	Mistaken for either meaning: Also mistaken for every hour	Write out "half – strength" or "at bedtime"	
T.I.W (three times a week)	Mistaken for three times a day or twice weekly	Write "three times weekly" or "3 times weekly"	
S.C. or S.Q. (subcutaneous)	Mistaken for SL for sublingual or "5 every"	Write "Sub-Q" or "subQ" or "subcutaneously"	
D/C	Interpreted as discontine whatever medication follows (typically discharge meds)	Write "discharge"	
C.C.	Mistaken for U (units) when poorly written	Write "ml" for milliliters	
A.S., A.D., A.U. (Latin abbreviations for left, right, both ears) O.S., O.D., O.U. (Latin abbreviations for left, right, both eyes)	Mistaken for each other (A.S. for O.S., A.D. for O.D., A.U. for O.U., visa versa)	Write out "left ear" or "right ear" or "both ears" Write out "left eye" or "right eye" or "both eyes"	



Intended dose of 4 units

Administered 44 units Should be written as "4 units"



Intended dose of ".4 mg"

Administered 4mg Should be written as "0.4 mg."

A New Way of Thinking in Medication Safety:

From	То
Who did it?	How did it happen?
Punishment	Thank you!
Errors are rare	Errors will happen
Only Nurses involved	Everyone is involved in problem solving
Add more layers	Simplify/standardize
Calculating error rates	Learn from error reporting

Culture of Safety Timeline



Institute for Safe Medication Practices. Medication Safety Alert. Sept 7, 2006.

Behaviors Observed in Errors

- Human Error: an inadvertent action; inadvertently doing other than what should have been done; slip, lapse, mistake
- At-Risk Behavior: a behavioral choice that increases risk where risk is not recognized, or is mistakenly believed to be justified
- Reckless Behavior: a behavioral choice to consciously disregard a substantial and unjustifiable risk

Just Culture

Type of Behavior	Description	Suggested Response
Human Error	Unintentional acts	Console
At-Risk	Short-cuts	Coach
Reckless	Intentional Substantial risk Outside the norm	Discipline

Institute for Safe Medication Practices. Medication Safety Alert. September 21, 2006.

Nursing Management: 50; 6: 38-45.

Just Culture

During a busy shift, a pharmacist fails to check a patient's renal function when entering an order for an antibiotic. The patient is not harmed.



Just Culture

A pharmacist inadvertently hits the zero key an extra time and enters an order for 100 mg instead of 10 mg. The patient receives an overdose and must be transferred to the ICU.



Response is dictated by type of behavior, not outcome of patient.



http://www.safetycenter.navy.mil/photo/archive/

FMEA

- Step-by-step approach for identifying all possible failures in a design, process, product or service.
- "Failure modes" = the ways, or modes, in which something might fail.
- "Effects analysis" refers to studying the consequences of those failures.
- Failures are prioritized according to how serious their consequences, how frequently they occur and how easily they can be detected.

FMEA

Ideally, FMEA begins during the earliest conceptual stages of design and continues as long as that process, etc is used For use in continuous improvement documents current knowledge and actions about the risks of failures FMEA is used during design to prevent failures.

Similar to proactive risk modeling / assessment

FMEA vs. RCA

*Pro*active v. *Re*active is the most basic
though not entirely true
FMEA based on history (experience) to some extent

RCA²

- RCA²: Improving Root Cause Analyses and Actions to Prevent Harm
- Main message: It cannot be over-emphasized that if actions resulting from an RCA² are not implemented and measured to demonstrate their success in preventing or reducing the risk of patient harm in an effective and sustainable way, then the entire RCA² activity will have been a waste of time and resources.

RCA² Role

- Triage adverse events and close calls/near misses
- Identify the appropriate RCA2 team size and membership
- Establish RCA2 schedules for execution
- Use tools provided to facilitate the RCA2 analysis
- Identify effective actions to control or eliminate system vulnerabilities
- Develop Process/Outcome Measures to verify that actions worked as planned
- Use tools provided for leadership to assess the quality of the RCA2 process

Root Causes of Sentinel Events

(All categories; 1995-2004)



JCAHO Sentinel Event Statistics, 2004

Root Causes of Wrong Site Surgery (1995-2004)



JCAHO: Sentinel Event Statistics, 2004

Root Causes of Medication Errors

(1995-2004)



JCAHO Sentinel Event Statistics, 2004

Patient Cases of Medical Error





Case

 Attending MD tells the resident to give the patient "free water" (meaning let her drink water")

- Resident assumes he meant an IV and writes for water to be given IV
- New RN can't find IV water and calls pharmacy asking where they get IVs; pharmacy asks no questions and tells the RN they get them from C.S.
- RN obtains IV from C.S. never questioning RN why she by-passed pharmacy; water bag says "water for irrigation"

Willie King – 1995, Tampa



https://www.patient-safety-blog.com/2014/01/16/the-willie-king-case-wrong-foot-amputated/

Table 4. Factors Contributing to WSPE From Case Analyses*

Human factors

High workload environment Fatigue Multiple team members Diffusion of authority/lack of accountability Team communication Change of personnel Haste Inexperience Incompetence Other cognitive factors

Patient factors

Sedation or anesthesia

Patient not consulted before block or anesthesia

Patient confusion of side, site, or procedure

Inability to engage patient (eg, young child or decreased competence)

Patient ignorance

Patient has common name or same name as another patient in hospital

Procedure factors

Wrong side draped/prepped

Similar or same procedures back to back in same room Patient position or room changed prior to initiating procedure Attempts to prevent WSPE

Not observing marked site/marking wrong site

Not cross-checking for consistency in consent form, patient chart, or OR booking form

SURGICAL SAFETY CHECKLIST

All team members have an obligation to verbalize their concerns at any step in the process



Lewis Blackman – 2000, South Carolina



https://patientsafetymovement.org/advocacy/patients-and-families/patient-stories/lewis-blackman/

17-year-old Jesica Santillan – 2003, Duke



https://www.ausmed.com/cpd/articles/anatomy-error-jesica-santillan

Emily Jerry – 2006, Ohio



https://emilyjerryfoundation.org/emilys-story/



Table 1. Examples of Sentinel Events That Are Reviewable Under The Joint Commission's Sentinel Event Policy

Note: This list may not apply to all settings.

Examples include the following:

- Any patient death, paralysis, coma, or other major permanent loss of function associated with a medication error
- A patient commits suicide within 72 hours of being discharged from a hospital setting that provides staffed around-the-clock care
- Any elopement, that is, unauthorized departure, of a patient from an aroundthe-clock care setting resulting in a temporally related death (suicide, accidental death, or homicide) or major permanent loss of function
- A hospital performing the wrong invasive procedure or operating on the wrong side of the patient's body, on the wrong site on the patient's body, or on the wrong patient
- Any intrapartum (related to the birth process) maternal death
- Any perinatal death unrelated to a congenital condition in an infant having a birth weight greater than 2,500 grams
- A patient is abducted from the hospital where he or she receives care, treatment, or services
- Assault, homicide, or other crime resulting in patient death or major permanent loss of function
- A patient fall that results in death or major permanent loss of function as a direct result of the injuries sustained in the fall
- Hemolytic transfusion reaction involving major blood group incompatibilities
- A foreign body, such as a sponge or forceps, that was left in a patient after surgery

Note: An adverse outcome that is **directly** related to the natural course of the patient's illness or underlying condition, for example, terminal illness present at the time of presentation, is not reportable except for suicide in, or following elopement from, a 24-hour care setting (see above).

Six Aims to Achieve Quality

IOM (2001). Crossing the Quality Chasm.



EFFICIENT

TIMELY

TABLE

EO

EFFECTIVE

SAFE

Safety: "the prevention of harm caused by errors of commission and omission"

 A system that produces care that is effective, patientcentered, timely, efficient, and equitable requires a foundation of a culture of safety

QUESTIONS?