



3+1 Program
MEMORANDUM OF UNDERSTANDING
OSU Center for Health Sciences –
College of Osteopathic Medicine

This Memorandum of Understanding (“Agreement”) confirms the 3+1 Program between the University of Central Oklahoma (UCO) and Oklahoma State University - Center for Health Sciences (OSU-CHS), College of Osteopathic Medicine for the 2025-2026 academic year.

The 3+1 Program offers students a unique opportunity to complete their pre-doctoral medical training in seven years by completing three years of undergraduate education at UCO and four years of medical education at OSU-CHS College of Osteopathic Medicine. Students apply to the 3+1 Program in their junior year. After meeting the requirements outlined in the Academic Catalog, additional requirements for UCO students (Attachment 1), and the first year of medical school, UCO will award an undergraduate degree to students accepted into the 3+1 Program.

Eligibility requirements for applicants for the 3+1 Program:

- Be enrolled as a full-time student at UCO and have completed no more than four (4) semesters at the time of application (concurrent coursework taken during high school, received AP credit, and summer coursework does not count towards this semester limitation);
- Courses earned as concurrent enrollment, received AP credit, and summer coursework will be accepted;
- Achieve a minimum 3.5 cumulative Grade Point Average (GPA) and a 3.5 science GPA at the time of application;
- Science GPA will be calculated according to the course subject categories defined by the American Association of Colleges of Osteopathic Medicine Application Service (AACOMAS);
- Complete 60 or more credit hours toward a bachelor’s degree at the time of application to OSU-CHS;
- Complete at least 500 hours participating in a health-related setting at the time of application.
- Submit a complete application for admission through the American Association of Colleges of Osteopathic Medicine Application Service (AACOMAS) by October 1 of their junior year;

- Submit a complete secondary/supplemental application for admission by October 15 of their junior year;
- Submit a verification form to the OSU-CHS Admissions Committee confirming that they will meet the academic requirements from UCO and OSU-CHS to earn their bachelor's degree after their first year at OSU-CHS. This form must be completed by the student and verified by the Pre-Health Advisor or Academic Advisor at the time of application; and
- Participate in an interview with the OSU-CHS Admissions Committee during the fall semester of their junior year.

Students must meet with their Academic Advisor to review the Academic Catalog for the approved 3+1 major to ensure they meet the academic requirements for their undergraduate degree and the 3+1 Program before matriculation to OSU-CHS.

Students must check the appropriate box on their secondary/supplemental application to indicate they are applying through the 3+1 Program.

Following an in-person interview, a member of the Admissions Committee and the Assistant Director of Admissions will notify applicants of the admission decision by January 1, 2026. The applicant will either be granted provisional acceptance into the 3+1 Program or be invited to apply as a traditional applicant in a later application cycle. OSU-CHS is not required to admit any certain number of 3+1 Program applicants.

Students who are provisionally accepted into the 3+1 Program must fulfill the following requirements to maintain their acceptance:

- Maintain an overall GPA of at least 3.5 and a science GPA of 3.5. GPA will be calculated at the time of application and before matriculation to OSU-CHS;
- Submit a qualifying score of at least 492 on the Medical College Admission Test (MCAT) by July 1 of their junior year;
- Complete all remaining undergraduate coursework required for the approved 3+1 major by the spring of their junior year;
- Submit final and official transcripts to OSU-CHS in May to demonstrate the completion of academic requirements for the approved major and the final verification by the student's Academic Advisor at the end of the spring semester of their junior year to osucomadmissions@okstate.edu; and
- OSU-CHS may revoke admissions to the 3+1 Program to any student with student conduct, Title IX, or similar violations.

After completing the first year of medical school at OSU-CHS and before enrolling in courses for the second year of medical school, 3+1 Program students must submit a final, official transcript from OSU-CHS detailing all coursework from OSU-CHS after the first completed year of medical

school and submit it to the undergraduate Registrar. While a student at OSU-CHS, the 3+1 Program students are subject to OSU-CHS policies and procedures.

OSU-CHS and UCO reserve the right to review the Agreement periodically and recommend changes as deemed necessary. If OSU-CHS makes recommendations, UCO will have thirty (30) days to accept or reject the proposed changes. The Agreement will be reviewed annually for any updates on majors and academic requirements for approval. Agreed-upon modifications will become effective for the incoming undergraduate class for the following academic year.

For any current application cycle, UCO may adjust academic plans on a case-by-case basis with the mutual agreement of both parties, including the Associate Dean for Enrollment Management at OSU-CHS and the Provost and Vice President for Academic Affairs at UCO.

Either program may terminate the Agreement with thirty (30) days' notice.

OSU-CHS and UCO understand and agree that UCO or OSU-CHS shall have the right to terminate the Agreement, in whole but not in part, without penalty or expense, at the end of any fiscal year if UCO, OSU-CHS, the Legislature of the State of Oklahoma, or other appropriate governmental entity fails to allocate sufficient funds to UCO or OSU-CHS respectively for payments required or activities contemplated under this Agreement. OSU-CHS and UCO understand and agree that nothing contained herein shall be construed as a waiver of either party's sovereign immunity.

Attachment 1
Additional 3+1 Requirements for University of Central Oklahoma Students

- Fulfill the academic requirements specified in the Academic Catalog for Biology – Biomedical Sciences or Chemistry – Health Sciences majors;
- Submit paperwork for an interview with the Pre-Health Advisory Committee (PAC) and participate in an interview with the UCO PAC for a letter of recommendation. Contact the UCO PAC for interview deadlines;
- Provide a completed Educational Records Release Authorization Form to the UCO Office of Student Accountability and Conflict Resolution (OSACR) by the end of the spring semester of their junior year. To maintain continued acceptance, the results from the UCO OSC form must reflect that the student has not been found “responsible” any University policy violations. If the student is found to have any policy violations, it may be reviewed further;
- Meet with the UCO Academic Advisor at the end of their junior year for a degree check to confirm that they have completed the course requirements needed for the Program. The student will meet with the UCO Registrar with the degree plan to sign the appropriate form indicating the student has met the academic requirements in the specified time frame;
- Apply for graduation to UCO by March 1 to be included in the spring commencement as a summer graduate. Students will not officially graduate in May until the degree is conferred in the summer, but students can participate in commencement; and
- Visit with an Academic Advisor before submitting transcripts to discuss all processes and forms necessary to finalize the graduation process. In general, the first year of medical school classes can satisfy the remaining credits needed for the Biology Biomedical Sciences or Chemistry Health Sciences majors at UCO, provided the student obtains a “C” or better in the classes that count for credit at UCO.

Example Course Sequence

Chemistry - Health Sciences			
Freshman Year			
Fall Semester		Spring Semester	
ENG 1113	English Composition (University Core)	ENGL 1213	English Composition and Research (University Core)
BIO 1204	Biology for Majors: Principles and Lab or BIO 1224 Biology for Majors: Diversity	BIO 1224	Biology for Majors: Diversity; or BIO 1204 Biology for Majors: Principles and Lab
CHEM 1103	General Chemistry I	CHEM 1223	General Chemistry II
CHEM 1112	General Chemistry I Rec/Lab	CHEM 1232	General Chemistry II Rec/Lab
MATH 2153	Bio-Calculus or Calculus 1	HUM 2113 or 2223	General Humanities (University Core)

	15 Hours		15 Hours
	Summer		
CHEM 3303	Organic Chemistry I		
CHEM 3312	Organic Chemistry I Lab		
	5 Hours		
Sophomore Year			
Fall Semester		Spring Semester	
CHEM 3323	Organic Chemistry II	CHEM 2104	Quantitative Analysis and Lab
CHEM 3332	Organic Chemistry II Lab	CHEM 2621	Professionalism in Chemistry I
xxx3/4	Foreign Language and Cultural Analysis (University Core)	PHYS 1214	General Physics II and Lab or Physics for Sci & Eng II & Lab
PHYS 1114	General Physics I and Lab or Physics for Sci & Eng I & Lab	PSY 1103	General Psychology (University Core)
MCOM 1103	Fundamentals of Speech (University Core)	POL 1113	American National Government (University Core)
BIOL 2000	Introduction to Health Careers		
	16-17 Hours		15 Hours
	Summer		
xxx3	Elective Life Skill (NTRN 1513 or FNRL 3483 rec) (University Core)		
HIST 1483 or 1493	History of U.S. (University Core)		
	6 Hours		
Junior Year			
Fall Semester		Spring Semester	
CHEM 3454	Fundamentals of Instrument Analysis and Lab	CHEM 3203	Introduction to Physical Chemistry
CHEM 3621	Professionalism in Chemistry II	CHEM 3/4xx3	Upper Division CHEM Elective (CHEM 4103 rec)
HLTH 1112	Healthy Life Skills (University Core)	CHEM 4892	Capstone for Chemistry
CHEM 3403	Biochemistry I	CHEM 3/4xx3	Upper Division CHEM Elective
CHEM 3/4xx3	Upper Division CHEM Elective	PHIL xxx3	Critical Inquiry (University Core)
CHEM 3442	Experimental Biochemistry		
	15 Hours		14 Hours
Biology - Biomedical Sciences			
Freshman Year			
Fall Semester		Spring Semester	

ENG 1113	English Composition I (University Core)	ENGL 1213	English Composition and Research (University Core)
BIO 1204	Biology for Majors: Principles and Lab or BIO 1224 Biology for Majors: Diversity	BIO 1224	Biology for Majors: Diversity; or BIO 1204 Biology for Majors: Principles and Lab
CHEM 1103	General Chemistry I	CHEM 1223	General Chemistry II
CHEM 1112	General Chemistry I Rec/Lab	CHEM 1232	General Chemistry II Lab Rec/Lab
MATH 2153	Bio-Calculus	STAT 2103	Introduction to Statistics for Sciences
	15 Hours		15 Hours
	Summer		
BIO 3203	Cell Biology*		
MCOM 1103	Fundamentals of Speech (University Core)		
	6 Hours		
Sophomore Year			
Fall Semester		Spring Semester	
CHEM 3303	Organic Chemistry I	CHEM 3323	Organic Chemistry II
CHEM 3312	Organic Chemistry I Lab	BIO 3/4xxx	Upper Division BIO Elective (BIO 3813 or 3803 recommended)
BIO 2211	Cell Biology Lab	PHY 1214	General Physics II and Lab
BIO 3/4xxx	Upper Division BIO Elective (BIO 3803 or 3813 recommended)	HIST 1483 or 1493	History of U.S. (University Core)
PHY 1114	General Physics I and Lab	HLTH 1112	Healthy Life Skills (University Core)
POL 1113	American National Government (University Core)		
BIO 2000	Introduction to Health Careers		
	17 Hours		15 Hours
Junior Year			
Fall Semester		Spring Semester	
BIO 3/4xxx	Upper-Division Elective (CHEM 3403 rec)	BIO 4840	Capstone
BIO 3303	Genetics	BIO 3054	Microbiology for Majors and Lab
PSY 1103	General Psychology (University Core)	PHIL xxx3	Critical Inquiry (University Core)
HUM 2113 or 2223	General Humanities (University Core)	xxx3	Elective Life Skill (NTRN 1513 or FNRL 3483 rec) (University Core)
xxx3/4	Foreign Language / Cultural Analysis (University Core)	BIO 4910	Advanced Human Anatomy
	15 - 16 Hours		14 Hours

Courses will be transferred from OSU-CHS to UCO to complete the requirements for graduation.

**FIRST YEAR AT OSU CENTER FOR HEALTH SCIENCES - COLLEGE OF OSTEOPATHIC MEDICINE
(2025-2026)**

<u>Course</u>	<u>Credit Hours</u>
Fall	21
Osteopathic Manual Medicine I	3
Clinical Anatomy	6
Foundations in Medical Genetics, Molecular Biology, and Developmental Anatomy	3
Foundations in Medical Cell and Tissue Biology	2
Foundations in Medical Biochemistry and Pharmacology	2.5
Foundations in Medical Immunology	1
Medical Science Foundations	3
Medical Advisement and Professional Skills I	0.5
Spring	23.5
Osteopathic Manipulative Medicine II	3
Focus Course in Noteworthy Populations	1
Clinical Care Foundations I	3
Foundations in Medical Microbiology	3
Systems	
• Cardiovascular	4
• Hematology	3
• Genitourinary	3
• Respiratory	3
Medical Advisement & Professional Skills II	0.5