Medical students participate in our highly advanced clinical skills labs to learn how to intubate a high fidelity manikin.

With low student to teacher ratios, faculty and student mentorship programs and more than 40 student clubs and organizations, student success and involvement are a top priority.

OSU-COM has a history of academic excellence, but our commitment to creating a welcoming, supportive learning environment focused on student success and wellness sets us apart from other medical schools.

We take pride in our student-centered approach to learning with faculty who are passionate about teaching, administrative leaders who are responsive to student needs, and staff who are ready to help in any way they can.

You’ll hear it over and over — at OSU-COM you feel like you’re part of a family. Camaraderie and collaboration among students, faculty and staff are hallmarks of our campuses. Our students know that faculty, staff and administration care about them, not just as students, but as individuals. Students aren’t just classmates, but friends who learn together, study together and have fun together.

When you join the OSU College of Osteopathic Medicine family, you’re becoming part of a tradition of academic excellence, innovation and community engagement. Our students bring a desire to make a difference in the lives of others as well as their energy, passion and optimism to the field of medicine. I’ve seen their commitment and drive first-hand as I’ve guided students through rotations in the Emergency Room at OSU Medical Center.

— Dennis Blankenship, D.O., Class of 2002
Interim Dean, OSU College of Osteopathic Medicine
Clinical Professor of Emergency Medicine

D.O. something good.
Become something great.

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LIFETIME CONNECTIONS

You’ll feel like part of the family.
Oklahoma State University College of Osteopathic Medicine educates and trains osteopathic physicians in a wide range of specialties with an emphasis on serving rural and underserved Oklahoma.

The OSU College of Osteopathic Medicine on the Tulsa campus of OSU Center for Health Sciences has been educating osteopathic physicians (D.O.s) for nearly 50 years.

The heart of the Tulsa campus is the A.R. and Marylouise Tandy Medical Academic Building that houses lecture halls, learning labs and classrooms, clinical skills exam rooms and a hospital simulation center.

In 2022, the North Hall will open with brand new anatomy and neuroanatomy labs along with additional classrooms and office spaces.

TWO CAMPUSES

One of things that I like most about OSU-COM is the people. Students learn in a healthy environment with friendly colleagues. Everyone wants everyone to win. Learning with people that you truly want to be around makes the journey through medical school more enjoyable. I am so thankful for my time here at OSU-COM and all the things that I have learned along the way. This is the place to be. Take my word for it.

— Rachel John, Class of 2021
Family Medicine Resident

North Hall rendering.

Tulsa is the second-largest city in Oklahoma.

OSU-COM is just minutes from bustling downtown Tulsa, home to the BOK Center, ONEOK Field, with professional baseball and soccer franchises, the historic Greenwood District, Tulsa Arts District, Cain’s Ballroom, Blue Dome District and the Deco District — the center of Tulsa’s thriving restaurant and entertainment scenes.

USA Today, National Geographic and TIME all agree, Tulsa’s Gathering Place is one of America’s top parks and attractions. And it’s only a six-minute drive to the OSU-COM campus located along the Arkansas River.

Tulsa’s rich oil-town heritage can be found in its Art Deco architecture downtown. It’s also home to cultural touchstones Philbrook Museum of Art and Gilcrease Museum and family-friendly attractions including the Tulsa Zoo and Oklahoma Aquarium.
In 2020, the OSU College of Osteopathic Medicine at the Cherokee Nation welcomed its inaugural class to the new medical school facility in Tahlequah, Oklahoma, the country’s first tribally affiliated medical school.

In addition to lecture halls, classrooms and lab spaces, students also learn using advanced technology in the hospital simulation center and clinical skills lab.

OSU-COM CN is located on Cherokee Nation land on the same campus as the W.W. Hastings Hospital and the new Cherokee Nation Outpatient Health Center, where students have the opportunity for hands-on training and experience.

Tahlequah was named one of the top 100 Best Small Towns in America.

Tahlequah is the capital of the Cherokee Nation, the second largest American Indian tribe in the country. Visit the Cherokee National History Museum housed in the original Cherokee National Capitol building. Or attend the Cherokee National Holiday held over Labor Day weekend every year.

The Illinois River in Tahlequah is ideal for canoeing, kayaking or floating with friends. You can also fish or camp along the river or at two state parks in the Tahlequah area, Cherokee Landing and Tenkiller State Park. There are also plenty of scenic hiking trails around Tahlequah including Tenkiller State Park, J.T. Nickles Preserve, and Sparrow Hawk Primitive Area.

“OSU-COM at the Cherokee Nation has opened many opportunities for medical students with a goal of expanding access to health care for Native Americans in underserved communities. That was an important factor in my choice to attend medical school at OSU. Growing up, my family relied heavily on support from the Cherokee Nation, and I know without a doubt I wouldn’t be where I am today without them. I knew my calling was to be at the new campus where I felt I could make the biggest impact as a future physician.”

— Dalton Sanders
Class of 2024
OSU-COM at the Cherokee Nation

One of the reasons I chose OSU College of Osteopathic Medicine at the Cherokee Nation was because of the family atmosphere and how I felt instantly welcomed on interview day. At the Tahlequah campus, we are a close-knit group and truly a family. I do not want to be anywhere else with anyone else on this journey. I have been given an insight into rural medicine as well as cultural insight into the Native American lifestyle. I am so blessed to be a part of the nation’s first tribally affiliated medical school and to have the opportunity to learn medicine and be immersed in my culture daily.

— Caitlin Cosby
Class of 2024
OSU-COM at the Cherokee Nation
At OSU-COM, students gain exposure to innovative learning facilities. Both the Tulsa and Tahlequah campuses house world-class hospital simulation centers and patient-centered clinical skills centers, which enable students to practice essential skills, procedures and critical care training on high fidelity manikins and human patient actors.

OSU-COM also has a number of procedural simulators including a laparoscopic surgical simulator, ultrasound simulator, GI bronchial simulator and orthopedics simulator, providing the most up-to-date medical training to students.

**Hospital Simulation Centers**

OSU-COM’s hospital simulation centers provide innovative, hands-on learning environments. Exemplifying the adage “practice makes perfect,” these facilities enable students to gain clinical experience to a wide variety of medical scenarios, while also receiving feedback and evaluations to hone their clinical skills.

Highly realistic scenarios are created in a safe environment with eight simulation suites configured to match the conditions of a birthing room, operating room, emergency room or intensive care unit. Students have the opportunity to work on high fidelity manikins to learn innovative clinical techniques without fear of harming the patient.

**Patient-Centered & Student-Focused Training**

There are 18 clinical exam rooms on the Tulsa campus and 10 rooms in the Tahlequah facility. Students interact with standardized patients, actors playing the role of patients, with different medical conditions. Students develop diagnostic skills and bedside manners needed for history taking, physical examination, communication and relationship building. Half of the clinical exam rooms are modeled after the National Board of Osteopathic Medical Examiners to provide invaluable preparation for patient care.
THE D.O. DIFFERENCE

Osteopathic medicine is founded on the philosophy that all body systems are interrelated and dependent on each other for optimal health. A Doctor of Osteopathic Medicine, or D.O., embraces a holistic approach to medicine, focusing on preventative ways to attain and maintain wellness.

Another way D.O.s are unique from allopathic physicians, or M.D.s, is they receive training in osteopathic manipulative medicine. In OMM, students are trained to use their hands to diagnose and treat the musculoskeletal issues with varying techniques to improve body biodynamics and organ function. By combining their OMM knowledge with the latest advances in medical technology, osteopathic physicians offer their patients the most comprehensive, patient-centered, health-oriented care available.

OSU-COM offers students clinical experiences to practice their OMM skills as early as their first year. OMM faculty consult with students on their assessments and treatment as well as discuss preventative care with patient models.

As fully licensed physicians, D.O.s practice medicine in primary care but they can practice in all specialties such as dermatology, cardiology, neurology and surgery.

For a long time, I never understood the difference between an osteopathic and allopathic (M.D.) physician. After shadowing an osteopathic physician, I realized that they approach patient care with a holistic treatment plan. The idea of using my hands as a physician ignited my interest in going to an osteopathic medical school. Now that I am an osteopathic medical student, I believe this tool allows us to better understand the body and offers an alternative option for quality patient care.

— Kennedy Williams Class of 2024
OSU-COM at the Cherokee Nation

D.O.s emphasize a whole-person approach to treatment and patient care.

— Mark Thai, D.O. Clinical Associate Professor and Vice Chair
Osteopathic Manipulative Medicine Department
Providing students with an exceptional medical education is our top priority. OSU-COM’s four-year program emphasizes the integration of biomedical sciences with clinical systems and is designed to prepare medical students for all aspects of medicine. This enables them to enter any residency program in any specialty.

Our faculty are committed to excellence in teaching and are eager to share their experience and passion for osteopathic medicine with their students. We understand that students learn in different ways, so our curriculum incorporates traditional classroom lectures with laboratory sessions and small group and team-based learning. OSU-COM also offers individualized advisement and counseling in career development, study strategies and academic skill development.

Our rigorous academic curriculum combined with our support services prepare students for success on national examinations and residency training.

After taking their first board exam, third- and fourth-year medical students are out of the classroom and start their rotations. OSU-COM has a wide array of required and elective clinical rotations in a variety of settings and specialties including emergency medicine, psychiatry and behavioral sciences and pediatrics.

The COVID-19 pandemic has also provided additional learning opportunities for our students giving them the chance to participate in vaccine clinics in Tulsa as well as the Cherokee Nation. First year medical students at OSU-COM in Tahlequah received special training so they could administer vaccines to Cherokee citizens, an opportunity due to the unique partnership with the Cherokee Nation.

For more, visit okla.st/com-curriculum.

Our faculty are committed to excellence in teaching.
OSU College of Osteopathic Medicine offers several optional medical education tracks to give students interested in rural health, tribal health or global health additional education and training opportunities.

Alma Rios Wilson, OMS-II, participated in a Summer Rural Externship in Buffalo and Laverne, OK at the Buffalo Family Health Clinic, Laverne Family Health Clinic, and the Harper County Community Hospital. She worked alongside Dr. Aaron Sizelove, D.O.

Brandon Postoak, a fourth year OSU medical student and Chickasaw Nation citizen, works in the Emergency Department at OSU Medical Center as part of his Emergency Medicine rotation.

OSU-COM students traveled to Malawi in east Africa in 2019 with OSU Center for Health Sciences’ Global Health Program. Other Global Health locations include Belize, Cambodia, Greece, Guatemala, Mexico, Nepal, Uganda and Puerto Rico.

Rural Medical Track

OSU-COM has a mission to produce primary care physicians for rural and underserved Oklahoma. That mission is critical as the state is challenged by continued shortages of primary care physicians. OSU-COM offers a dynamic Rural Medical Track with a specialized course of study that trains students to care for rural and underserved populations while developing skills that prepare them to be community leaders. For more, visit okla.st/ruralmedicaltrack.

Global Health Track

The Global Health Track is offered to medical students interested in global health and international outreach. The curriculum is designed to provide students with an opportunity to explore issues in the delivery of health services in other countries, as well as a survey of issues related to global health care. We encourage students with a passion for service, love of travel and a desire for learning to apply to be a part of the Global Health Track. For more, visit okla.st/globalhealthtrack.

Tribal Medical Track

OSU-COM’s mission aims to improve the primary care physician workforce shortages faced by tribal health care systems. To prepare doctors for a successful transition into tribal communities and health systems, we offer a Tribal Medical Track. The opening of OSUCOM at the Cherokee Nation provides unprecedented opportunities for students to train within the tribal health system. For medical students who are Native American or interested in tribal health care, the Tribal Medical Track creates a diverse pathway to serve tribal communities as primary care physicians. For more, visit okla.st/tribalmedicaltrack.
Research is very important for residencies. The more competitive residencies require more research. I also think it’s important for a physician or medical student to be able to critically look at research and be able to look at the things that are governing the way we treat patients.

— Trevor Torgerson  Class of 2022
OSU-COM Tulsa

Medical students at OSU-COM have several opportunities to carry out research including hypothesis-based research, clinical sciences or other scientific research opportunities. Many of our faculty support research efforts of our students whether it’s developing an abstract, creating poster presentations, presenting at a conference or writing a paper.

The Office of Medical Student Research (OMSR) was established specifically so our medical students interested in research so they can become familiar with the opportunities available on campus. Students develop investigation skills through the pursuit of new discoveries under the direction of a faculty research mentor.

OMSR hosts monthly Lunch & Learns where students learn about upcoming research opportunities and OSU Center for Health Sciences faculty discuss their research topics and areas of interest.

Students interested in research work are placed in labs or teams based on their areas of interest. Findings and studies authored by students have been published in numerous journals and publications including the Journal of the American Medical Association and Oklahoma State Medical Proceedings journal among many others.

Our office exists to create a connection between faculty and students based upon mutual research interests.

— Matt Vassar
Director of the Office of Medical Student Research

In 2020, OSU medical students had 73 studies or papers published in 57 journals and publications including:

- Journal of the American Osteopathic Association
- BMJ Evidence-Based Medicine
- American Journal of Emergency Medicine
- Journal of Osteopathic Medicine
- International Journal of Evidence-Based Healthcare
OSU College of Osteopathic Medicine has had on average a 100 percent residency placement rate since 2016. Many of our graduating medical students enter primary care residencies focused on family medicine, internal medicine, pediatrics and obstetrics and gynecology, while others go on to match in other specialties including dermatology, surgery, anesthesia, psychiatry and emergency medicine. In 2021, 68 percent of our graduates matched to residency programs in Oklahoma, bringing OSU-COM closer to its goal of meeting the demand for quality health care professionals in the state.

And just minutes away from the OSU-COM campus in Tulsa is the OSU Medical Center, one of the nation’s largest osteopathic teaching facilities. Graduates can attain a spot in one of the hospital’s 11 residency programs in a range of specialties. Residents can further their training in one of nine fellowship programs at OSU Medical Center.

Construction will soon begin on a new Veterans Hospital in downtown Tulsa expanding the OSU Academic Health Center campus. The United States Department of Veterans Affairs will operate the 275,000 square foot, 58-bed hospital with OSU providing ongoing shared services to care for veterans as well as superior teaching opportunities for residents and medical students. It’s anticipated the VA Hospital in Tulsa will offer more than 50 OSU-sponsored residency slots in a number of specialties.

While OSU-COM boasts on average a 100% placement rate for graduating students, the same cannot be said across the country. While 90% of D.O.’s match into a residency training program, there are still 10% that experience disruption in graduate medical education training. The Office of ACGME Leadership at OSU Center for Health Sciences has been diligently working over the past decade to identify and implement new residency training programs across the state of Oklahoma. We anticipated the growing need for residency training positions with the expansion of our College of Medicine at the Cherokee Nation. It is our long-term strategic plan to be able to provide enough residency training positions for every graduate at OSU-COM. We will continue to work with our community partners to identify physician shortages and medically underserved communities in order to provide training opportunities to our students.

— Lesley Vanvolkinburg, Ed.D.
Executive Director, Graduate Medical Education
The recruitment and retention of students from underrepresented and economically disadvantaged groups are key components of the office’s mission to promote cultural diversity throughout OSU Center for Health Sciences. We believe that a more diverse, open, and inclusive environment creates a richer experience for our entire campus. We view diversity as a platform for change, growth, innovation, and developing creative solutions and strategies to enhance the success of all students.

— Brenda Davidson
Assistant Dean of Diversity

At Oklahoma State University, diversity, equity and inclusion (DEI) matter. Providing a wide range of ways to understand and engage with the world, identifying opportunities and creating solutions are core to our mission as a land-grant university. We fulfill our mission and enrich our campus community by maintaining a welcoming and inclusive environment that appreciates, values and fosters a sense of belonging for all.

The definitions of these three key words are important as our campus embraces DEI. Diversity means a variety of different and unique identities, characteristics, experiences and perspectives. Equity is defined as making available to everyone what they need to succeed by increasing access, resources and opportunities for all — especially for those who are underrepresented and have been historically disadvantaged. Inclusion is what we do. Inclusion creates a welcoming culture where differences are celebrated and everyone is valued, respected and able to reach their full potential.

Diversity is what we have.
Inclusion is what we do.

OSU-COM Diversity
White — 64.58%
American Indian or Alaska Native — 13.14%
Asian — 9.71%
Black or African American — 7.43%
Hispanic — 5.14%

Faculty Ethnicity
White — 72.98%
American Indian or Alaska Native — 10.22%
Asian — 8.61%
Hispanic — 3.23%
Black or African American — 2.69%
Two or more ethnicities — 1.51%
Unknown/Not Reported — .01%
Although course work and studying are important when attending medical school, they aren’t the full student experience at OSU-COM. There are plenty of co-curricular and extra-curricular activities outside the classroom. There are more than 40 student clubs and organizations on campus including national organizations, service-based clubs and medical interest groups in specialties such as family medicine, emergency medicine, rural health and more.

We are also dedicated to creating a culture of wellness that enables students to achieve and maintain physical, mental and emotional health. Our Wellness Center offers fitness courses, meditation classes and a variety of lunch and learn sessions that focus on healthy eating and overall wellness.

The Student Centers on both campuses provide a meeting space so students can socialize, with a large kitchen and game room. There are also on-site fitness centers, Reboot Centers and opportunities to go outdoors at Tulsa and Tahlequah so students can step away from textbooks and screens.

The Student Government Association strives to serve all students at OSU Center for Health Sciences and OSU-COM at the Cherokee Nation by representing students’ opinions, addressing different campus needs through targeted programs and providing opportunities for leadership development. SGA partners with faculty, staff and the student body to ensure the institution is constantly improving.

The Office of Student Life and Wellness is always working to improve the student experience. We have platforms for students to become actively engaged in their own learning outcomes. Students provide meaningful feedback through the Student Government Association, class officers and organizations while our staff work directly with student leaders to improve or build new programs and services. Student feedback is a vital part of the student experience.

— Angela Bacon
Interim Assistant Dean of Student Life and Wellness

We are dedicated to creating a culture of wellness.

Health and wellness are essential to academic performance. Stress management, physical activity, nutrition, and sleep are all correlated with academic success. Our programs and services are meant to educate students on this information and provide an environment that supports health decisions. We know that school is a taxing process both mentally and physically. Our department offers a number of resources and services that allow students the opportunity to prioritize their own health and well-being. From free primary care and counseling services to campus recreation and health promotion activities, the Department of Wellness has you covered.

— Jesse Chaffin
Health and Wellness Manager
Being accepted into medical school is a daunting and competitive process. Applicants must possess personal qualities of character, aptitude, integrity and commitment to serving others. Extracurricular accomplishments are also considered.

Applicants must demonstrate scholastic achievement by their academic record and performance on the Medical College Admission Test (MCAT). They must complete at least 90 hours of college courses and not less than 75 percent of the courses required for a baccalaureate degree at an accredited college or university.

Applicants must have completed the following courses with a C or above (2.0 on a 4.0 scale):

- English (2 semesters)
- Biology (2 semesters, including laboratory)
- Physics (2 semesters)
- General Chemistry (2 semesters)
- Organic Chemistry (2 semesters)
- At least one upper division level science course

**Dual Degree Options**

OSU-COM offers several opportunities to pursue more than one advanced degree. A dual degree provides students with extra training and education to pursue their career goals whether it’s operating a clinical enterprise, pursuing a career in medical research or becoming a leader in public health. For more, visit [okla.st/com-dual](http://okla.st/com-dual).

**D.O./M.B.A.**
Doctor of Osteopathic Medicine
Master of Business Administration

**D.O./M.S.**
Doctor of Osteopathic Medicine
Master of Science in Biomedical Sciences
or Master of Science in Health Care Administration

**D.O./M.P.H.**
Doctor of Osteopathic Medicine
Master of Public Health

**D.O./Ph.D.**
Doctor of Osteopathic Medicine
Doctor of Philosophy in Biomedical Sciences
3+1 Program
The 3+1 Program is designed for highly motivated undergraduate students who are interested in taking a shorter path to earn a D.O. degree. The program allows students to complete both a bachelor’s degree and Doctor of Osteopathic Medicine degree in seven years instead of eight. For more, visit okla.st/3plus1.

Guaranteed Interview Program
The Guaranteed Interview Program provides prospective students from partner universities in Oklahoma with a clear path to earn an interview with OSU-COM. Each partner university determines the prerequisite courses and academic requirements mandated by their institution. Prospective students who have met the requisite criteria for admission will be guaranteed an invitation to interview with the admissions committee at OSU-COM. For more, visit okla.st/guaranteedinterview.

Graduate Certificate in Medical Sciences
For students who need to improve their academic readiness for medical school, OSU Center for Health Sciences offers a Graduate Certificate in Medical Sciences. The program is designed to provide a foundation in biomedical sciences that help aspiring medical students improve their grade point average or MCAT score before applying for medical school. The certificate program includes courses that mirror content areas of curriculum in the first two years of medical school. For more, visit okla.st/medicalsciences.

Bridge Program
The Bridge Program is designed for high-potential students who come from disadvantaged or medically underrepresented backgrounds or are pursuing medicine as a second career. OSU supports students by providing an admissions option that includes a year of academic preparation prior to entering medical school. Bridge students enroll in the Graduate Certificate in Medical Sciences that lays the foundation in biomedical sciences. If students meet program requirements, they then matriculate to OSU-COM. For more, visit okla.st/bridgeprogram.
OSU-COM offers top-notch medical education at an affordable price. For in-state students, tuition and fees are significantly less than those charged by private medical schools.

We also offer students with permanent residency in Arkansas, Kansas and Missouri an out-of-state tuition waiver to defray the costs associated with the out-of-state tuition rate. Students who score at least a 500 on their MCAT and have a 3.5 overall GPA may be eligible.

Financial Aid and Scholarships

We understand that pursuing a medical education is a significant investment in time and money. The financial aid office will assist you in determining your eligibility for federal and institutional financial assistance.

Becoming a D.O. doesn’t have to equate to debt overload and we are here to ensure that we provide you with suggestions for keeping your expenses minimal. If you choose to borrow student loans to cover some or all of your educational expenses, our goal is to provide you with a financial awareness plan for borrowing, budgeting and successful repayment strategies after graduation.

Scholarships are also available for those who qualify. Our generous scholarship donors provide hundreds of thousands of dollars of scholarships to students each year. Federal work-study is also available to offset a portion of educational expenses by providing students who qualify with on-campus employment.

OSU-COM boasts one of the lowest average student loan debt loads of any medical school in the country.

FUNDING YOUR FUTURE

Work study is an awesome opportunity to reduce the burden of the cost of medical school. Attending medical school is a large investment, but that doesn’t mean you can’t minimize the cost. Accepting a work study position has become a great way for me to lessen the amount of loans I need to borrow to allow me to focus on studying for school.

— Philo Waters  Class of 2024  
OSU-COM Tulsa

One of the reasons why I chose to attend OSU-COM was because of the school’s emphasis on cultivating primary care physicians. Receiving the William K. Warren Foundation Scholarship has been instrumental in my ability to pursue this goal. Their generosity has allowed me to further my education and will continue to pave the way for future primary care physicians in Oklahoma. I am grateful to the Warren Foundation for encouraging my future in pediatrics and for providing me with the means to successfully achieve this goal.

— Monica Venkatesha  Class of 2023  
OSU-COM Tulsa
The Oklahoma State University Center for Health Sciences prohibits discrimination against qualified individuals based on their age, race, ethnicity, color, religion, sex, sexual orientation, genetic information, gender, gender identity or expression, national origin, disability, protected veteran status, or other protected category with regard to employment, educational programs and activities, and/or admissions. Examples of sexual misconduct and/or sex discrimination include: sexual violence, sexual harassment, sexual assault, domestic and intimate partner violence, stalking, or gender-based discrimination. OSU-CHS encourages any student who thinks that he or she may have been a victim of sexual misconduct or sex discrimination to immediately report the incident to the Title IX Coordinator (campus contacts below). Students may also report incidents of sexual misconduct or sex discrimination to a faculty or staff member, who is then required by federal law (Title IX) to notify the Title IX or Deputy Title IX Coordinator. If a reporting student would like to keep the details confidential, the student may speak with staff in the Student Counseling Center (918-561-1822) or the University’s Victim Advocate (918-200-5218). For more information regarding Title IX violations, please go to: https://medicine.okstate.edu/hr/is2many/policies.html.