



OMECO

Graduate Medical Education Policy

Approved by the GMEC (Graduate Medical Education Committee) on July 1, 2026

Effective Date: July 1, 2026

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Next Review Date: June 2031

Policy Title: Osteopathic Resident Eligibility Policy

Policy Type: Sponsoring Institution Policy

POLICY

The Accreditation Council for Graduate Medical Education (ACGME) Osteopathic Recognition requirements stipulate: "Prior to entering a designated osteopathic position, applicants must have sufficient background and/or instruction in osteopathic philosophy and techniques in manipulative medicine to prepare them to engage in the curriculum of the program."

PURPOSE

To specify the minimum prerequisite requirements to be completed prior to entry into a Designated Osteopathic Resident position for applicants to OSUCHS/OMECO Graduate Medical Education (GME) Programs with Osteopathic Recognition. Programs may impose additional pre-requisites prior to matriculation to effectively demonstrate an adequate level of preparation from applicants prior to entry into a Designated Osteopathic Resident position

RESPONSIBILITIES

OSUCHS/OMECO must have a policy that outlines the eligibility requirements for appointments to a Designated Osteopathic Resident position based on the type of medical school from which the applicant graduated. This policy must also identify requirements for all applicants prior to entering a Designated Osteopathic Resident position within ACGME accredited programs with Osteopathic Recognition.

DEFINITIONS

Osteopathic Recognition - provides opportunity to physicians, including those who did not graduate from an accredited college of osteopathic medicine, to obtain education in Osteopathic Principles and Practice (OPP) they can subsequently apply to patient care. This opportunity requires foundational education in OPP to prepare for success as a trainee in a program with Osteopathic Recognition.

Designated Osteopathic Resident - All incoming trainees (residents or fellows) to a Program with Osteopathic Recognition will be considered Designated Osteopathic Residents upon matriculation into the program on July first (or their individual date of hire).

PROCEDURE

- I. The minimum prerequisite requirements for entry into a Designated Osteopathic Resident position in the OSUCHS/OMEKO GME Programs are outlined for each of the following types of applicants:
 - a. A graduate of a Commission on Osteopathic College Accreditation (COCA)-accredited College of Osteopathic Medicine (COM) who holds a Doctor of Osteopathic Medicine (DO) degree is assumed to have met the minimum requirement upon demonstrating documentation of graduation.
 - b. Any graduate of from a Liaison Committee on Medical Education (LCME) accredited program within the United States, or a graduate from any graduate from a medical school outside of the United States holding a currently valid certificate from the Educational Commission for Foreign Medical Graduates prior to appointment; or holds a full and unrestricted license to practice medicine in the United States licensing jurisdiction in his or her current ACGME specialty-/subspecialty program, must complete the following requisites before matriculation into a Designated Osteopathic Resident position:
 - The Executive Director of Osteopathic Recognition, in collaboration with the Designated Osteopathic Educators subcommittee, will designate up to 60 online content hours of Oklahoma State University College of Osteopathic Medicine's (OSU-COM) years one and two courses to include: Osteopathic Manipulative Medicine (OMM) I, II, III, and IV which can be accessed through the Program Coordinator of the respective training program. A Teaching Guide for Osteopathic Manipulative Medicine or lectures may be used to direct the lab portion. Certificate of completion will be provided. OMM education from other institutions will not be accepted.
 - Successfully pass the OSU-COM Osteopathic Written Exam with a minimum passing score of >50%. Programs will create an individual learning plan if the score is <50% and the applicant matriculates into the Program. The 60-question exam has the following composition.
 - 40% on Osteopathic Concept and Philosophy
 - 40% on Osteopathic diagnosis
 - 20% on Osteopathic treatment methods
 - Applicants will be notified of this policy prior to scheduling their interview and required to acknowledge by signature that they have received this policy by the Program
 - Applicants accepted into an Osteopathic Recognized program that fail to complete the required components by matriculation (generally July 1) will receive a letter of concern from the Program.
 - Exceptions to the timing of designation may be made, on a case-by-case basis by the Program Director, Designated Osteopathic Educator, and the Executive Director of Osteopathic Education, for transfer trainees.

- c. During the training program all matriculants must complete the following:
 - Complete 60 hours of OPP Continuing Medical Education, approved by the OSU-CHS/OMECCO, achieved through any of the following: CME courses, didactics, elective rotations, etc. focusing on clinical application of OPP.
 - Successfully pass an OMM basic skills competency practical examination prior to PGY2
 - Satisfactorily progress through the Osteopathic Recognition Milestones during residency.
 - d. Any physician who graduated from a non-COCA–accredited medical school and enters a Designated Osteopathic Resident position must perform Osteopathic Manipulative Therapy (OMT) under direct supervision for all patients until the Director of Osteopathic Education (DOE) approves the resident to practice OMT independently.
- II. Osteopathic competency will be assessed at clinical competency committee (CCC) meetings (in conjunction with milestone reviews) to determine if the Designated Osteopathic Resident demonstrates achievement of appropriate osteopathic milestones and at the recommendation to promote by the DOE and Osteopathic Faculty.