WELLNESS RESPONSE ALGORITHM

**Is the student/resident an imminent risk to self or others?**

**YES**
- Stay with the student/resident
- Get information: Name, emergency contact, current address
- Provide reassurance and support
- Notify CHS Security of the situation (Tulsa: 918-625-8592; Tahlequah: 918-453-5527)

**During business hours:**
Call CHS Counseling Services (Tulsa: 918-561-1822; Tahlequah: 918-525-6350) or Medical Director of Wellness (918-561-1898)

**After hours:**
- Tulsa: Call COPES with the student (918-744-4800) or 911
- Tahlequah: Call Grand Lake Mental Health (800-722-3611) or 911
- Notify emergency contact

**NO**

**Is the student/resident showing or reporting moderate or severe signs of distress?**

**YES**
- Notify the Wellness Support Team (WST). Note URGENT referral.
- Make a safety plan with the student/resident and provide emergency numbers/resource list.

**NO**
- Encourage the student/resident to make an appointment with OSU-CHS counseling services or in the community.
- Encourage student to contact the WST. Note non-urgent referral.

**After student/resident safety ensured, contact the Wellness Support Team.**