

## Summer Rural Externship (SRE)

### Curriculum

The Summer Rural Externship is a 2-week experience designed to reinforce interest in rural practice and to prepare students for their rural clerkships. The Summer Rural Externship is strongly encouraged for Rural Medical Track students. Each student participating in the SRE program will shadow their assigned preceptor, as well as other non-physician medical professionals, in a clinical setting. Students are also strongly encouraged to be involved in their assigned community by attending events, visiting local businesses, and volunteering whenever possible.

Students will be assigned based on the order applications are received. Students hoping to secure a specific location and/or block should complete and submit the SRE application, as well as their Letter of Interest, as soon as possible.

### Syllabus

#### CLME 8112.001

##### 1. General Description

- A. **Course Title:** Summer Rural Externship
- B. **Course Length:** Two Weeks
- C. **Course Format:** Rural Community Clinical and Interdisciplinary Experiences
- D. **Student Level:** Students in the 3 + 1 Program and Osteopathic Medical Students that have completed the first year medical curriculum.
- E. **Course Coordinator:** Duane Koehler, D.O.
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  2. 918-584-4387
- F. **Rural Program Manager:** Lori Boyd, M.S.
  1. [lori.boyd10@okstate.edu](mailto:lori.boyd10@okstate.edu)
  2. 918-928-6074
- G. **Program Contact:** Michelle Loveless
  1. [michelle.loveless@okstate.edu](mailto:michelle.loveless@okstate.edu)
  2. 918-401-0499
- H. **Students will be referred to local site coordinators once assignments have been made**
- I. **Clinical Setting:** Family Medicine, clinic-based Internal Medicine, and Pediatrics. Students will not be assigned to specialists or hospital-based preceptors. No exceptions.
- J. **Potential Out-of-Office Experiences:**
  1. Hospital staff and committee meetings
  2. House calls
  3. Hospital emergency room calls
  4. Community activities

## 2. Student Responsibilities

### A. Pre-Arrival:

1. Students are required to contact their assigned preceptor at least 2 week prior to starting their SRE Experience to coordinate the daily schedule and other pertinent aspects of the experience
2. All students must wear College-approved identification and a clean, pressed white clinical jacket. Dress is business casual unless directed otherwise by their preceptor
3. Students are required to bring identification passwords for library resources and any current references
4. All students must **attend a mandatory orientation** before the first day of their externship
5. Students are required to bring the following items for verification purposes:
  - a. National Background Check
  - b. Proof of Health Insurance
  - c. Immunization Records
  - d. Letter of Good Standing (will be provided at orientation)
6. Complete the enrollment forms, sign and submit the course information sheet during orientation
7. Receive a Patient Encounter Tracking (PET) card that will be kept by each student throughout the experience

### B. During the Externship

1. **First Week Requirements:**
  - a. Meet with assigned preceptor for on-site orientation
  - b. Discuss individual clinical strengths and weaknesses with preceptor
  - c. Contact your Center for Rural Health (CRH) Regional Coordinator with any questions/comments/concerns
  - d. Discuss the Patient Encounter Tracking (PET) card requirement with your preceptor early
2. **Other Requirements**
  - a. Complete all requirements and rotation objectives
  - b. Complete 2, two-hour Interdisciplinary Experiences with non-physician medical professional
  - c. Strongly encouraged to take an active role in the community
  - d. Meet with the assigned preceptor regularly to determine how the experience is going
  - e. Write and submit a short press release for the local media, which should include your name and a brief mention of the experience purpose
  - f. Take photographs with your preceptor and other individuals and places encountered

3. **Post-Experience Requirements must be uploaded to LCMS+ by 7<sup>th</sup> day after the completion of the Experience:**
  - a. Complete the site evaluation. Link or instruction will be provided.
  - b. Upload a 2-3 page experience report detailing specific activities and individuals, and how the experience has influenced your career track
  - c. Upload copies of at least three “Thank You” notes, all of which detail the recipient’s names and positions, as well a detailed account of how they added positive input to the overall experience
  - d. Upload completed Patient Encounter Tracking (PET) card with all signatures and initials
  - e. Upload copies of the press release and all photos taken (please provide copies of the actual article if it is printed by the local media)
  - f. Upload Interdisciplinary Experience form
  - g. **Late submissions of required assignments and information can result in a grade reduction or the assignment of an incomplete**

### 3. Clerkship Calendar

- A. The specific scheduling of days and hours shall be made by the preceptor, with approval by the OSU-COM Course Coordinator, and shall generally conform to the following:
  1. **Week Requirements:** Participants must complete 2 full weeks (no overloading of hours to complete the Experience early is allowed)
  2. **Hour Requirements:** 64-80 hours (based on a 32-40 hour workweek)
  3. **Holidays:** Students may receive one day off each for Memorial Day and Independence Day if the preceptor’s office is closed
  4. **Attendance:** One hundred percent (100%) attendance is required on all clinical rotations
  5. **Time Off:** Students needing time off for **any** reason will be required to complete and submit a signed Exception to the Rotation Application to their regional coordinator

### 4. Student Performance Evaluation

- A. **Grading:** This course is a 2 credit hour course. The course is Pass/No Pass based on the following criteria. The student’s overall performance (grade) must equal 70% or more to pass the course.
  1. 15%=Attendance and living in the rural community
  2. 50%=Student performance evaluation from preceptor
  3. 10%=Completion of the 2 required Interdisciplinary Experiences
  4. 10%=End of Experience report
  5. 5%=Minimum of 3 specific Thank You notes
  6. 5%=Press release & photos
  7. 5%=Submission of completed Skills Card

- B. **Attendance:** Students are required to live in the rural community unless special permission is granted. Students are encouraged to stay in the community over the weekend in order to gain a complete appreciation of rural community life. More than one day off may require the student to make up time. If an absence is unavoidable the student must contact the supervising preceptor, as well as their CRH Regional Coordinator, and must complete and submit an Exception to the Rotation Application prior to the absence. Application will be reviewed by the Course Coordinator. Approved applications may require make-up assignments.

## 5. Experience Objectives

<b>Subject/Method</b>	<b>Learning Objective</b>	<b>Resources/Assignments</b>
Shadow a rural physician	Apply observational and clinical skills in the office of a rural primary care physician	CRH staff will assign students to communities, preceptors, and housing for the 64-80 hour experience Students will record observed procedures on the Skills Card
2, two-hour Interdisciplinary Experiences	Develop an appreciation for the role played by non-physician health professionals in rural communities	Your CRH Regional Coordinator, as well as your preceptor, can assist in finding and securing these activities. Contact them if you need help.
Press Release & Photos	Describe how this experience could influence the decision to practice in a rural setting	Your CRH Regional Coordinator and preceptor can assist in finding contact information for local media outlets
Experience Report & Thank You notes	Develop an understanding and appreciation of the total rural experience. Discuss how this externship has impacted your understanding of primary care and rural medicine	In a 2-3 page report, describe in detail your experience, including your interdisciplinary activities, community involvement, the preceptor's practice, and other locally important information. Students should also include a discussion about how this experience has impacted their career track